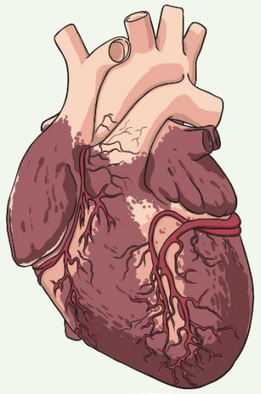
Robins Science Autumn 1st 2026
The Human Body

Key vocabulary

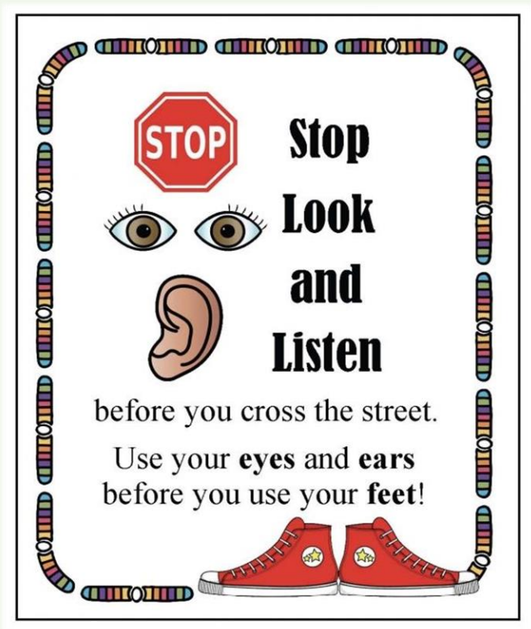
Exercise	*moving your body to make your muscles work*
Healthy	*feeling well, strong and full of energy*
Diet	What we eat and drink everyday
Burn	when something hot hurts your skin
Zebra crossing	A crossing on a road with stripes like a zebra
Pelican crossing	A pelican crossing has **red/green man lights** for people and **red/amber/green lights** for cars.



Heart
The heart pumps blood around the body to carry oxygen and other important things that the body needs.

Lungs
Our lungs breathe in air and put oxygen into your blood

https://www.childrenshospitaltrust.org.za/keep-our-children-safe-from-preventable-burns-this-winter-season/



Brain
Exercise helps us concentrate better